



4th Annual Conference of Society of Trauma Anaesthesia and Critical Care

Theme : Strengthening Trauma Systems : From First Response to Full Recovery

Under the Aegis of Society of Trauma Anaesthesia and Critical Care

18th September, 2026 | SKICC, Srinagar, Jammu & Kashmir, India

Regional Nerve Block in Trauma Workshop

National Lead Coordinators
Dr. Nidhi Bhatia, Dr. Revathi Nair

Local Lead Coordinators
Prof. Dr. Abdul Hakim, Dr. B. Shanaz, Dr. Farhana Bashir



On-Arrival Blocks in Trauma Triage

Implement rapid ultrasound-guided regional techniques immediately upon arrival in ED triage for acute pain control and initial stabilization.

Scenario-Based Simulation for ED Blocks

Real trauma cases, real decisions - choose the right block for the right patient in the golden hour.

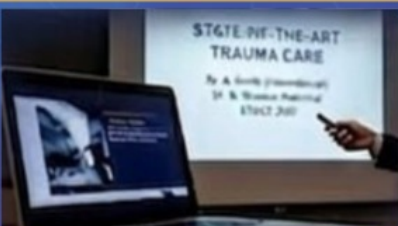


Regional Anaesthesia in Comorbid Trauma Patients

Master regional strategies in anticoagulated, polytrauma and critically ill patients

Beyond Traditional Trauma Blocks

From ED to ICU - expand your regional anaesthesia toolkit for modern trauma care.



ACCLAIMED FACULTY LECTURES



Focus on maximizing skill through precise needle-tip visualization and feedback.

Improve Hand-Eye-Needle Coordination

USG Guided Trauma Blocks



Organised by Department of Anesthesiology, Critical Care, Pain and Palliative Medicine, GMC SRINAGAR

Scan the QR Code to register

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PROGRAM

Time	Topic	Speaker
08:00-08:30	Registration	
08:30-08:45	Workshop Overview & Faculty Introduction	Dr Nidhi Bhatia Dr Abdul Hakim
Session 1: Focused Talks		
08:45-09:00	Knobology Unlocked: Mastering the Basics of Ultrasound	Dr Ridhima Sharma
09:00-09:15	From Image to Impact: Tips & Tricks for Precision and Block Success	Dr Nidhi Bhatia
09:15-09:30	Trauma Blocks on Arrival: Benefits, Trouble Spots and Best Practices	Dr Revathi Nair
09:30-09:45	Grey Zones in Trauma: Block or Beware?	Dr Anu Kewlani
The Chai Pause – 09:45-10:15		
Session 2: Sonolive – Master Demonstration on Volunteers Coordinators: Dr Pritam Panigrahi, Dr Durga Chauhan		
10:15-10:45	Blocks for Maxillofacial Trauma	Dr Nidhi Bhatia Dr Revathi Nair
10:45-11:15	Blocks for Thoracic Trauma: SAP, ESP, TTPB, PIPB, Retrolaminar, Paravertebral Block	Dr Rajneesh Sachdeva
11:15-11:45	Blocks for Upper Limb Trauma: Interscalene, Supraclavicular, Infraclavicular Blocks Costoclavicular, Axillary Block	Dr Shivanand Chavan Dr Sachin Kumar
11:45-12:30	Blocks for Pelvic, Hip and Leg Trauma: Lumbar Plexus Block, Sciatic Nerve Block at different sites PENG, SIFI and IIFI, Femoral, Adductor Canal Block	Dr Sandeep Diwan Dr Vijayalakshmi

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Time	Topic	Speaker
Session 3: Skill Drills and Workstations 12:30–14:00 – Two Rotations:45min each		
The Lunch Pitstop: 14:00–14:45		
Session 3: Skill Drills and Workstations 14:45–17:00 – Three Rotations: 45min each		
Station 1	Upper Limb Trauma: Blocks for Humerus/ Elbow/ Forearm Fractures	Dr Shivanand Chavan Dr Sachin Kumar Dr B Shanaz Dr Farhana Bashir
Station 2	Lower Limb Trauma: Blocks for pelvic/hip/femoral shaft/both bone leg fractures	Dr Sandeep Diwan Dr Vijayalakshmi Dr Abdul Hakim Dr Vrinda
Station 3	Thoracic Trauma: Blocks for sternal/ vertebral/rib fractures	Dr Rajneesh Sachdeva Dr Anu Kewlani Dr Masrat Jan
Station 4	Maxillofacial Trauma Blocks and Phantom Needling Skills	Dr Nidhi Bhatia Dr Revathi Nair Dr Durga Chauhan Dr Ridhima Sharma Dr Rashi Sarna Dr Ripon Choudhary
Station 5	Trauma Block Decisions: Scenario–Based Simulation	Dr Pritam Panigrahi Dr Sandeepika Dogra Dr Yousha Mujeeb Gillani
Feedback and Wrap–Up: 17:00–17:15		