



4th Annual National Conference of Society of Trauma Anaesthesia and Critical Care

Theme:

**Strengthening Trauma Systems :
From First Response to Full Recovery**

Under the Aegis of Society of Trauma Anaesthesia and Critical Care

18th - 20th September, 2026

SKICC, Kashmir, India

SCIENTIFIC PROGRAM

Organised by

**Department of Anesthesiology, Critical Care,
Pain and Palliative Medicine, GMC SRINAGAR**

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19th September, 2026

PROGRAM

DAY 1 | HALL A | Banquet Hall SKICC

Compares: Dr Mohammad Auwaise Afzal, Dr Sana Khan

Time	Topic	Speaker
08:00–08:30	Flag Hosting Outside Registration & Seating in Auditorium	
PLENARY SESSION No Concurrent Session 08:30–09:45		
Chairpersons : Maj Gen Dr Rashmi Datta, Dr Anju Grewal, Dr Sandeep Diwan, Dr Abdul Rashid Kumar		
08:30–08:55	Keeping Pace with Trauma: The ATLS Updates	Dr Kajal Jain
08:55–09:20	Beyond Traumatic Amputation: Understanding Phantom Limb Pain	Dr Pankaj Kundra
09:20–09:45	Trauma and Sepsis: Navigating a Complex Relationship	Dr Babita Gupta
Dr Y.K Batra Oration 09:45–10:30		
Chairpersons : Dr Kajal Jain, Dr Hina Bashir, Dr Javed Iqbal Naqshbandi, Dr Pankaj Kundra, Brig. Dr Rahul Yadav		
09:45–10:15	Trauma Systems and Pre Hospital Care; Bridging the gap between scene and survival	Col Dr K. Suresh (Senior Consultant, institution academics director, Sindhu Hospital, Hyderabad)
10:15–10:30	Felicitation Ceremony	
Session 1: Red Zone Resuscitation: From Crisis to Control 10:30–11:35		
Chairpersons: Dr Javed Iqbal Naqshbandi, Dr Vandana Mangal, Dr Jeetinder Makkar, Dr Nisar Hamdani		
10:30–10:50	Damage Control Resuscitation: Less is More	Dr Neeraj Kumar
10:50–11:10	xABCDE Approach: Time Critical Red Zone Priorities	Dr Nidhi Bhatia
11:10–11:30	Traumatic Cardiac Arrest: Beyond Conventional CPR	Dr Rajesh Meena
11:30–11:35	OPEN HOUSE	

19th September, 2026

PROGRAM

DAY 1 | HALL A | Banquet Hall SKICC

Time	Topic	Speaker
Session 2: Military and Austere Trauma Care 11:35–12:40		
Chairpersons: Dr G.N Chavan, Dr Suman Arora, Dr Rudrashish Haldar, Dr Vijayalakshmi Sivapurapu		
11:35–11:55	Mass Casualty: Triage during armed conflict	Maj Gen Dr Rashmi Datta
11:55–12:15	Military Trauma and Management	Brig. Dr Yudhviri Suri
12:15–12:35	Walking Blood Banks to Whole Blood: Evolution of Combat Transfusion	Brig. Dr Rahul Yadav
12:35–12:40	OPEN HOUSE	
Session 3: Beyond Hemorrhage: The Coagulopathy Challenge 12:40–13:45		
Chairpersons: Dr Shivanand Chavan, Dr Rajneesh Sachdeva, Dr Syed Sajad Nazir, Dr Karan Singla		
12:40–13:00	Trauma Induced Coagulopathy - Delving Into the Details	Dr Abhinav Gupta
13:00–13:20	Plexus Block in coagulopathy	Dr Sandeep Diwan
13:20–13:40	REBOA: Cutting Edge Resuscitation or High-Risk Hype?	Dr Chetan Parcha
13:40–13:45	OPEN HOUSE	
Buffet Lunch In Lawns Adjoining Banquet Hall SKICC (13:45–14:30)		
Session 4: Airway and Thoracic Trauma – Secure the Breath 14:30–15:35		
Chairpersons: Dr PL Gautam, Dr Tripti Sinha, Dr Hakeem Zubair Ashraf, Dr Parvez Dar, Dr Amarjyoti Hazarika		
14:30–14:50	Airway injury: A time bomb in the ED	Dr Prateek Singh Bais
14:50–15:10	Thoracic Trauma: Precision in golden hour	Dr Rajneesh Sachdeva
15:10–15:30	Opioid Sparing Strategies in Flail Chest: Role of Peripheral Blocks	Dr Jeetinder Makkar
15:30–15:35	OPEN HOUSE	

19th September, 2026

PROGRAM

DAY 1 | HALL A | Banquet Hall SKICC

Time	Topic	Speaker
Session 5: Burn Resuscitation and Metabolic Management 15:35–16:40		
Chairpersons: Dr Sukanya Mitra, Dr Nandita Mehta, Dr Mushtaq Mir, Dr Siddharth Puri		
15:35–15:55	Fluid Management –From Overload to Organ Failure: The Fine Balance	Dr Shivanand Chavan
15:55–16:15	Nutrition in Burns – Hypermetabolism Unchecked: 'Winning the Nutrition Balance'	Dr Karan Singla
16:15–16:35	Inhalational Injury - “Smoke to ARDS: The Hidden Threat in Burns”	Dr Suman Arora
16:35–16:40	OPEN HOUSE	
Session 6: Pain Management and Neuromodulation in Trauma 16:40–17:45		
Chairpersons: Dr Abdul Qayoom Dar, Dr Jeetinder Makkar, Dr Vanilla Chopra, Dr Bashir Sanaei		
16:40–17:00	Neuromodulation in Trauma Care – Expanding Horizons in pain	Dr Preeti Doshi
17:00–17:20	Beyond Trigger Point – understanding Myofacial pain following Trauma	Dr Nandita Mehta
17:20–17:40	How to set up Acute Pain Services in Level I Trauma Centre	Dr Sukanya Mitra
17:40–17:45	OPEN HOUSE	

19th September, 2026

PROGRAM

DAY 1 | HALL B | Banquet Hall SKICC

Compares: Dr Muskan Manzoor, Dr Urnaib Showket

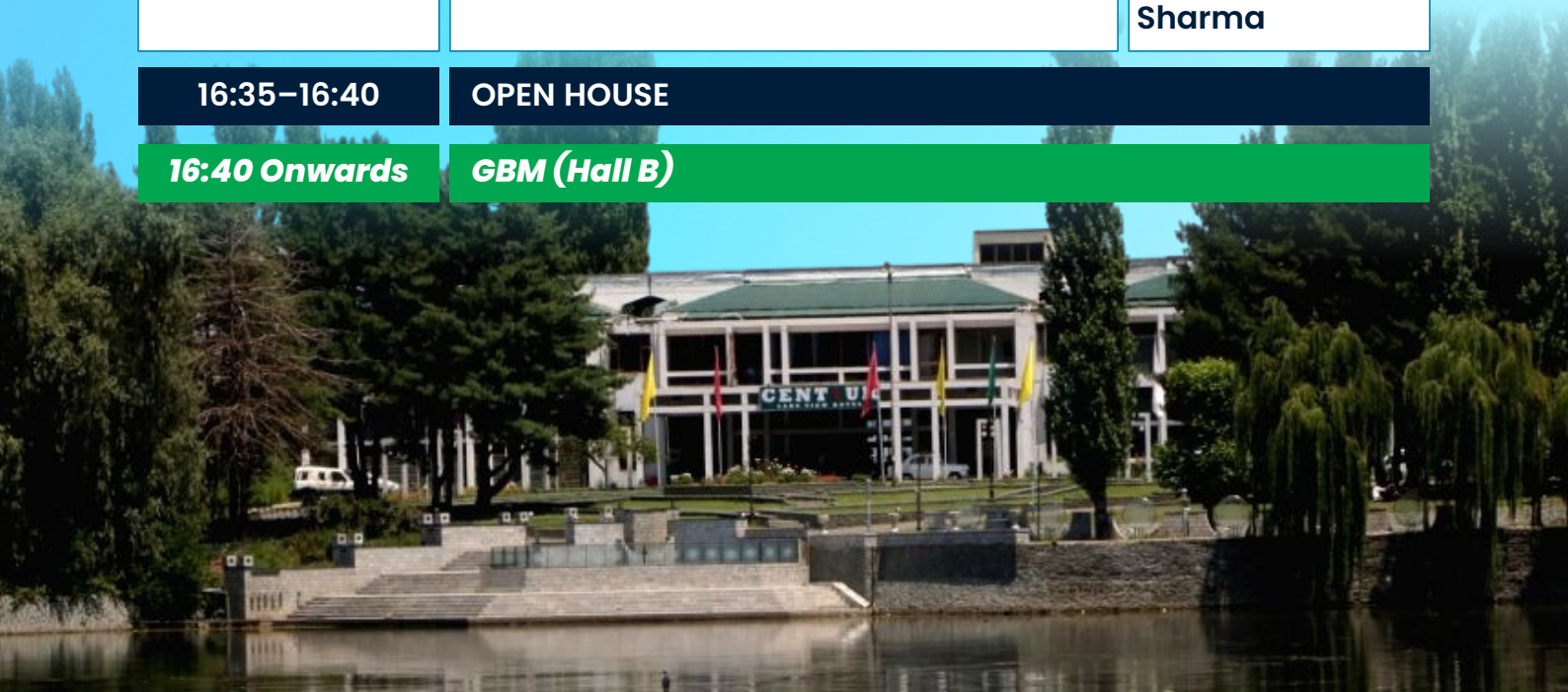
Time	Topic	Speaker
Session 1: Analgesia Without Compromise 10:30 – 11:35		
Chairpersons: Dr Sadik Mohd, Dr Abdul Hakeem,Dr Rafat Shamim, Dr Sunder Negi, Dr Amit Malviya		
10:30–10:50	On Arrival Blocks in Trauma Emergency	Dr Sandeep Diwan
10:50–11:10	Scars Beneath the Skin: Circumventing Chronic Pain in Trauma	Dr Vijayalakshmi Sivapurapu
11:10–11:30	Continuous Catheters in Trauma ICU: Benefits and Pitfalls	Dr Ankita Goyal
11:30–11:35	OPEN HOUSE	
Session 2: Hostile Environment–Trauma in Extreme Conditions 11:35–12:40		
Chairpersons: Dr Nidhi Bhatia, Dr Vanita Ahuja, Dr Khalid Mohi-ud-din, Dr Tanvi Mishram		
11:35–11:55	High Altitude Trauma- physiological challenges & anaesthetic implications.	Dr Debender K Tripathy
11:55–12:15	Avalanche & Crush injury resuscitation	Dr Mohd Sadiq Malla
12:15–12:35	Beyond ATLS: Evolving Concepts In Hostile Environment Trauma	Dr Yash Pal Singh
12:35–12:40	OPEN HOUSE	
Session 3: Complex Trauma Scenarios and Critical Decision Making 12:40–13:45		
Chairpersons: Dr Shahina Parveen, Dr Udismita Baruah, Dr Priya Thappa, Dr Mohd Saleem Khan		
12:40–13:00	Abdominal Compartment Syndrome: The Hidden Hemodynamic Enemy	Dr Vighnesh Ashok
13:00–13:20	Damage Control Orthopedics	Dr Fiaz Ahmad
13:20–13:40	Cardiac Box Injury: Seconds Between Survival and Collapse	Dr KP Gourav
13:40–13:45	OPEN HOUSE	

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PROGRAM

DAY 1 | HALL B | Banquet Hall SKICC

Time	Topic	Speaker
Buffet Lunch In Lawns Adjoining Banquet Hall SKICC (13:45–14:30)		
Session 4: Maxillofacial Trauma & Airway Challenges 14:30–15:35		
Chairpersons: Dr Manzoor Latoo, Dr Sanjay Kalsotra, Dr Irshad Ahmed Misger, Dr Ashwani Thakur, Dr Kuldeep Vishwakarma		
14:30–14:50	Airway Challenges in Maxillofacial Trauma	Dr GN Chavan
14:50–15:10	Guardians of Face: Role of Maxillo-Facial Surgeon in Facial Trauma	Dr Shahid Beigh
15:10–15:30	Bridging the Bloody Airway: SADs in Maxillofacial Trauma	Dr Kavita Meena
15:30–15:35	OPEN HOUSE	
Session 5: Ethical challenges & Medicolegal Session 15:35–16:40		
Chairpersons: Dr Sanjay Kalsotra, Dr Arshad Hussain, Dr Anup Kumar, Dr Iqra Nazir, Dr Vijayanthi Vijayan		
15:35–15:55	Consent in Golden Hour	Dr Priyanka Sethi
15:55–16:15	Ethical and policy challenges in Trauma Care in Indian Scenario	Dr Farhana Bashir
16:15–16:35	End of life decisions in Trauma ICU	Dr Ridhima Sharma
16:35–16:40	OPEN HOUSE	
16:40 Onwards	GBM (Hall B)	



19th September, 2026

PROGRAM

DAY 1 | HALL C | Banquet Hall SKICC

Compares: Dr Syeeda Manahil, Dr Afshana

Time	Topic	Speaker
10:30–11:30	MASTER CLASS: Optimizing Transfusion Practices in Trauma	Dr Lakhvinder Singh
11:30–12:30	Interfacial Plane Blocks in Polytrauma	Dr Sandeep Diwan

Rapid Fire Session 1: Trauma Critical Care | 12:30–01:30

Chairpersons: Dr Prateek Koolwal, Dr Ripon Choudhary,
Dr Pritam Panigrahi, Dr. Anka Amin

12:30–12:40	Ventilation After Trauma Intubation: The Tube Was Easy. The Ventilation Isn't.	Dr Rouf Bashir
12:40–12:50	Fluid Overload vs Under-Resuscitation: Finding the Resuscitation Edge	Dr Isha Gupta
12:50–13:00	REBOA vs Resuscitative Thoracotomy in Non-Compressible Torso Haemorrhage: Choosing the Right Resuscitative Strateg	Dr Fauzia Shifaat
13:00–13:10	Crashing TBI patient: What actually works at bedside	Dr Shanaz
13:10–13:20	Early Vasopressor; Choice, Targets and Endpoints	Dr Sifna Tahir
13:20–13:30	Analgesia First Approach: Pain Drives Physiology	Dr Yousuf Tak

Buffet Lunch In Lawns Adjoining Banquet Hall SKICC (13:30–14:30)

Rapid Fire Session 2: WAY AHEAD | 14:30 –15:20

Chairpersons: Dr K P Unnikrishnan, Dr Ankita Goyal, Dr Bharti Sidhu,
Dr Sheikh Imran

14:30–14:40	Electrolyte Emergencies in Trauma ICU: The Hyperkalemia Crash Protocol	Dr Anshu Roy
14:40–14:50	Recognizing the Dying Trauma Patient: Seeing the Spiral Before Arrest	Dr Syed Faisal
14:50–15:00	AI in Trauma: From Data to Decisions	Dr Sobia Manzor

19th September, 2026

PROGRAM

DAY 1 | HALL C | Banquet Hall SKICC

Time	Topic	Speaker
15:00–15:10	Trauma Registries: Every Trauma System Runs on Data	Dr Owais Malik
15:10–15:20	Simulation in Trauma: Train Hard Before the Real Chaos	Dr Ashufta Rasool

Paper Presentation Session

'The Anjan Trikha Gold Medal for Best Podium Presentation'
(15:30–16:30)

Judges

-Dr Kajal Jain
-Dr Hina Bashir
-Dr Suman Arora
-Dr Shahina
Parveen

E posters Session | Outside the Banquet Hall

Station	Judges
1	Dr Nidhi Bhatia Dr Abdul Hakim
2	Dr Javed Iqbal Naqshbandi Dr Jeetinder Kaur Makkar
3	Dr GN Chavan Dr Amarjyoti Hazarika
4	Dr PL Gautam Dr Anju Grewal
5	Dr Yashpal Singh Dr Suman Arora

20th September, 2026

PROGRAM

DAY 2 | HALL A | Banquet Hall SKICC

Compares: Dr Mohammad Auwaise Afzal, Dr Sana Khan

Time	Topic	Speaker
PLENARY SESSION The New Face of Trauma Care 08:30–09:30		
Chairpersons: Dr Kajal Jain, Dr Chetan Parcha, Dr Rehana Tabassum, Dr Babita Gupta		
08:30–08:50	Physiological Difficult Airway –When Shock, Hypoxia & Acidosis Collide with Anatomy	Dr Anju Grewal
08:50–09:10	From Resuscitation to De-Resuscitation: The VExUS Approach	Dr PL Gautam
09:10–09:30	Whole Blood Transfusion in Trauma: Current Concepts and Future Directions	Dr Suneet Kathuria
Session 1: How I Do It? (Video-Based Session) 09:30–10:35		
Chairpersons: Maj Gen Dr Rashmi Datta, Dr Rohan Bhatia, Dr Vivek Gupta, Dr Tanmoy Ghatak, Dr Shikha Gupta		
09:30–09:45	Extubating Cervical Spine Patient	Dr Pankaj Kundra
09:45–10:00	Video Laryngoscope Assisted Fiber-Optic Intubation	Dr Suman Arora
10:00–10:15	Submental Intubation in Maxillofacial Trauma	Dr Nidhi Bhatia
10:15–10:30	Must Know Life Saving Skills In Trauma Bay	Dr Ashwani Thakur
10:30–10:35	OPEN HOUSE	



20th September, 2026

PROGRAM

DAY 2 | HALL A | Banquet Hall SKICC

Time	Topic	Speaker
Session 2: Contemporary Trauma Critical Care 10:35–11:40		
Chairpersons: Dr PL Gautam, Dr Debendra K tripathy,Dr Abhinav Gupta, Dr Nitika Goel, Dr Amit Kumar		
10:35–10:55	Polytrauma: Renal Protective Strategies	Dr Gunchan Paul
10:55–11:15	Post Intensive Care Syndrome	Dr Akbar Shah
11:15–11:35	ARDS in Polytrauma: Challenges in Critical Care Management	Dr Manjaree Mishra
11:35–11:40	OPEN HOUSE	
Session 3: Panel Discussion 11:40–12:40		
11:40–12:40	Improving Trauma Systems: Current Gaps and Future Directions Moderator : Dr Vandana Mangal	Panelists –Dr Afzal Wani –Dr Kajal Jain –Dr Iqbal Saleem –Dr Altaf Kawoosa –Dr Hina Bashir –Dr GN Chavan
Session 4: Neurotrauma and Cerebral Protection 12:40–13:45		
Chairpersons: Dr Shafeeq Alam, Dr Charu Mahajan, Dr Neeraj Kumar, Dr Niraj Kumar		
12:40–13:00	Golden Hour Brain Protection	Dr Keshav Goyal
13:00–13:20	Damage Control Orthopedics in TBI: Balancing Brain and Body	Dr Sharmili Sinha
13:20–13:40	“Monro–Kellie 4.0” : Moving from Intracranial Monitoring to Intracranial Dynamics	Dr Revathi Nair
13:40–13:45	OPEN HOUSE	
Buffet Lunch In Lawns Adjoining Banquet Hall SKICC (13:45–14:30)		

20th September, 2026

PROGRAM

DAY 2 | HALL A | Banquet Hall SKICC

Time	Topic	Speaker
Pro-Con Debate: Controversies in Trauma Care 14:30–15:20		
Moderators: Dr Shikha Gupta, Dr Sanjeev kumar, Dr Yash Pal Singh, Dr Prateek Koolwal		
Tourniquet Use in Trauma: Standard of Care or Frequently Overused?		
14:30–14:40	Pro: Tourniquets are a life-saving standard of care in major extremity trauma.	Dr Savita Choudhary
14:40–14:50	Con: Tourniquets are frequently overused and should be reserved for appropriate indications.	Dr Anu Kewlani
14:50–14:55	Moderator Comments	
Should Corticosteroids Have a Routine Role in Trauma Care?		
14:55–15:05	Pro: Corticosteroids have an important role in selected trauma patients.	Dr Shelly Mittal
15:05–15:15	Con: Routine corticosteroid use in trauma is not supported by current evidence.	Dr Nirdesh Thakore
15:15–15:20	Moderator Comments	
15:35–16:00	Valedictory Function	



20th September, 2026

PROGRAM

DAY 2 | HALL B | Banquet Hall SKICC

Compares: Dr Muskan Manzoor, Dr Urnaib Showket

Time	Topic	Speaker
Session 1: Spine & Musculoskeletal Trauma—Stability Defines Survival 09:30–10:35		
Chairpersons: Dr Altaf Kawoosa, Dr. Mohammad Ommid, Dr Asifa Nazir, Dr Sachin Kumar, Dr Shreesh Mehrotra		
09:30–09:50	Cervical Spine & Airway Challenges	Dr Zulfikar Ali
09:50–10:10	Pelvic Trauma: Time–Critical Decisions	Dr Haseeb Gani
10:10–10:30	Crush Injury: Lower Limb Time, Toxins and Tissue– The Race to Rescue	Dr Amarjyoti Hazarika
10:30–10:35	OPEN HOUSE	
Session 2: Special Populations –One Size Does Not Fit All 10:35–11:40		
Chairpersons: Dr Masuma Rizvi, Dr Waqar ul Nisa, Dr Varun Singla, Dr Abdul Qayoom Lone		
10:35–10:55	Pediatric Trauma: Small Patients, Big Decisions	Dr Tripti Sinha
10:55–11:15	Geriatric Trauma: Frailty vs Age	Dr Binita Panigrahi
11:15–11:35	Trauma in Pregnancy: Two Lives One Emergency	Dr Samiya Mufti
11:35–11:40	OPEN HOUSE	
Session 3: Functional Recovery after Major Trauma 11:40–12:45		
Chairpersons: Dr Basharat Ahad, Dr Talib Khan, Dr Tufail Muzaffar, Dr Ravi Anand		
11:40–12:00	Healing Beyond ICU	Dr Shahina Parveen

20th September, 2026

PROGRAM

DAY 2 | HALL B | Banquet Hall SKICC

Time	Topic	Speaker
12:00–12:20	Peripheral Nerve Catheters in Trauma: Beyond Analgesia to Functional Rehabilitation	Dr M Rupinder Singh
12:20–12:40	Early Mobilization: Role in Recovery	Dr Muzaffar
12:40–12:45	OPEN HOUSE	
Session 4: Trauma Potpourri 12:45–13:45		
Chairpersons: Dr Shaloo Garg, Dr Shelly Mittal, Dr Rekha Kumari, Dr Purna Varma		
12:45–13:05	Chronic Pain after Trauma	Dr Vanita Ahuja
13:05–13:25	Brain Death In ICU: Managing A Potential Donor	Dr Kamal Kajal
13:25–13:45	Why Anesthesiologist Can Be Best Emergency Physician	Dr Anita Vij
Buffet Lunch In Lawns Adjoining Banquet Hall SKICC (13:45–14:30)		
Session 5: Trauma Dilemma 14:30–15:35		
Chairpersons: Dr Akbar Shah, Dr Amit Kumar Sharma, Dr Kumar Rajnikant, Dr Tasneem Siddiqui, Dr Anand Dev		
14:30–14:50	Immuno biology of ICU Sepsis- A Step towards Precision management	Dr Ajaz Nabi Koul
14:50–15:10	Substance Abusers : Challenges Posed in Trauma	Dr Sachin Kumar
15:10–15:30	Lactate : Marker Or Target?	Dr Tanmoy Ghatak
15:30–15:50	OPEN HOUSE	
15:35–16:00	Valedictory Function–HALL A	

20th September, 2026

PROGRAM

DAY 2 | HALL C | Banquet Hall SKICC

POST-PLENARY SESSION MASTER CLASS

9:30–10:30

ECMO in Trauma: Hype versus Hope

Dr Vivek Gupta

Rapid Fire Session 3: Trauma in Triage | 10:30 –11:20

**Chairpersons: Dr Adabala Vijay Babu, Dr Anu Kewlani,
Dr Revathi Nair, Dr. Nusrat Jehan**

10:30–10:40

**Crashing Polytrauma Patients: Chaos,
Decisions, Survival**

Dr Abraq Asma

10:40–10:50

**Trauma Shock: Not Every Shock is
Hemorrhagic**

Dr Kouser Benazir

10:50–11:00

**POCUS in Trauma:
The New Stethoscope of Resuscitation**

**Dr Khawar
Muneer**

11:00–11:10

**Awake Intubation in Trauma:
Control Without Collapse**

Dr Prateek Singh

11:10–11:20

**Cricothyrotomy in Trauma:
One Incision Between Life and Arrest**

**Dr Jasmeen
Chowdhary**

QUIZ SESSION

15:35–16:00

Valedictory Function–HALL A



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Conference Secretariat

**Department of Anesthesiology, Critical Care,
Pain and Palliative Medicine, GMC SRINAGAR
Email id: stacc2026.secretariat@gmail.com**

